



Phase 1 Space Maintainer Instructions



Congratulations on your new smile!

A space maintainer has been provided to help hold the space we have created during your Phase 1 treatment. Please wear your space maintainer as instructed.

_____ hours for Upper _____ hours for Lower

Key Care Instructions

- Remove to eat/drink anything sugary. Water is fine with the space maintainer in.
- Always use your case when the space maintainer is not in your mouth—never leave it on counters or wrapped in a paper towel.
- Keep away from pets!
- As baby teeth fall out and adult teeth come in, your space maintainer may need adjusting. Call the office right away if it does not fit properly.
- If your space maintainer breaks or is lost, call the office ASAP.
- Replacement cost: \$ _____ each
(Subject to Change as Lab Fees Increase)

Cleaning Your Space Maintainer

- Brush with a toothbrush, toothpaste, and cool water.
- Never boil, squeeze, or soak in Listerine.

Note: These space maintainers are temporary. Dr. Jaffe will recommend Phase 2 treatment in the future.

PLEASE BRING YOUR SPACE MAINTAINER TO EVERY APPOINTMENT